

THE GLOBAL  
SIDDHA YOGA®

Audio Satsang

in celebration of Baba Muktananda's 100<sup>th</sup> Birthday:

*Honor your own Self*

Good day! This is Swami Ishwarananda. I would like to extend a special invitation to you to participate in a celebration that has been a hundred years in the making: the 100<sup>th</sup> birthday celebration of our beloved Baba Muktananda:

*Honor your own Self*

This is one of the essential Siddha Yoga teachings that Baba gave to us. And it's the title of the Global Siddha Yoga Audio Satsang in celebration of Baba Muktananda's 100<sup>th</sup> Birthday.

This year, we're celebrating Baba's 100<sup>th</sup> birthday and we're studying the Siddha Yoga Message Gurumayi has given us for 2008,

*Search for the knowledge of the Truth  
and become established in the awareness of the Self.*

In this satsang we will come together to honor Baba's life, his teachings, and his great spiritual legacy to the world. We will be listening to and studying Gurumayi's teachings from the Siddha Yoga Message for 2008. We will chant and we will meditate.

The Siddha Yoga meditation teacher for this satsang will be Swami Ishwarananda. Yes, I will be the teacher for this satsang!

The satsang will be held in Siddha Yoga ashrams, meditation centers, and chanting and meditation groups from May 16 through June 15. It will also be available on the Siddha Yoga Website.

Come and participate in this Global Siddha Yoga Audio Satsang in celebration of Baba's 100<sup>th</sup> birthday. Celebrate Baba's birthday. Celebrate the Siddha Yoga teachings.

I look forward to being with you soon for this happy birthday celebration.

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